



# DE LASALLE ACADEMY

## Athletic & Non-Athletic Clubs Handbook

2018/2019

## De LaSalle Academy of Fort Myers, FL

### Code of Conduct for Interscholastic Student-Athletes & Club Participants

The essential elements of character building and ethics in De LaSalle Academy sports and clubs are embodied in the concept of sportsmanship and six core principles: Trustworthiness, respect, responsibility, fairness, caring and good citizenship. The highest potential of sports/clubs is achieved when competition reflects these "six pillars of character."

It is the duty of school administrators, parents and school sports/clubs to promote sportsmanship and foster a good character by teaching, enforcing, advocating and modeling these "six pillars of character." To promote sportsmanship and foster the development of good character, school sports programs and clubs must be conducted in a manner that enhances the academic, emotional, social, physical and ethical development of students and teaches them positive life skills that will help them become personally successful and socially responsible.

#### **Participation in school sports programs and clubs is a privilege, not a right.**

To earn that privilege, students must abide by the rules and they must conduct themselves, on and off the field, as positive role models who exemplify good character.

All participants in high school sports and clubs must consistently demonstrate and demand scrupulous integrity, observe and enforce the spirit as well as the letter of the rules.

The importance of character, ethics and sportsmanship should be emphasized in all communications directed to students and their parents. School leadership must ensure that the priority of each student is a serious commitment to getting an education, developing the academic skills and character to succeed.

The principal, and everyone involved at any level of governance in the De LaSalle Academy community must maintain ultimate responsibility for the quality and integrity of De LaSalle Academy athletic and non-athletic programs. Such individuals must assure that education and character development responsibilities are not compromised to achieve sports performance goals and that the academic, social, emotional, physical, and ethical well-being of students are always placed above desires and pressure to win.

All employees of the school must be directly involved and committed to the academic success of students and the character-building goals of the school.

Everyone involved in competition including students, parents, spectators, and associated student body leaders have a duty to honor the traditions of the sport and to treat other participants with respect. Coaches and club leaders have a special responsibility to model respectful behavior and the duty to demand that their athletes and club participants refrain from disrespectful conduct including verbal abuse of opponents and officials, profane or belligerent trash-talking, taunting and inappropriate celebrations.

De LaSalle Academy administrators must ensure that coaches, whether paid or voluntary, are competent to coach. Training or experience may determine minimal competence. These competencies include basic knowledge of: 1) The character building aspects of sports, including techniques and methods of teaching and reinforcing the core values comprising sportsmanship and good character. 2) The physical capabilities and limitations of the age group coached as well as first aid. 3) Coaching principles, rules, and strategies of the sport.

To safeguard the health of athletes and the integrity of the sport, school sports program must actively prohibit the use of alcohol, tobacco, drugs, and performance enhancing substances, as well as a demand of compliance with all laws and regulations of the FHSAA.

Coaching is a profession of teaching. In addition to teaching the mental and physical dimensions of their sport, coaches, through words and example, must also strive to build the character of their athletes by teaching them to be trustworthy, respectful, responsible, fair, caring and good citizens.

**Academic Eligibility** - A grade of 70% or above in each course must be maintained to participate in any Athletic Team or Non-Athletic Club.

**Grading Period** - Academic eligibility will be checked and determined weekly on Mondays. If there is no school on a given Monday, eligibility will be determined on the next day school is in session.

**Citizenship** - Model behavior is expected by all students participating in athletics and extracurricular activities. The Administration may revoke a student's eligibility for participation in extra/co-curricular activities when a student's poor citizenship is serious enough to warrant loss of this privilege.

**Behavior** - If a student receives a touch referral or dress code notice then he/she may not participate the day it was received. If there is no scheduled activity for that day the consequence is applied to the next scheduled day.

If a student receives a behavior notice, then he/she will be suspended from participating in Athletic activities for 5 days and Non-Athletic Activities for 1 day. If a student receives 3 behavior notices he/she will become ineligible to participate for the remainder of the school year.

**Parental Consent (Athletics Only)** - All athletes must return written parental or guardian permission to try out, practice or compete in athletics and travel by school provided transportation. This form must be turned into the office before a student is eligible to participate.

**Physical Examination (Athletics Only)** - An annual physical examination must be completed by a medical practitioner on a FHSAA Physical Form (EL2) certifying that the student is physically fit to participate in athletics and the FHSAA Liability Certificate (EL3) must be completed by the parent or guardian. Both forms must be turned into the office before the student is eligible to try out and participate.

**Team Rules** - Each coach will submit a set of rules to the team for all athletes to follow. Athletes who are late, miss practice or games without a valid reason or prior permission will be required to meet with the Athletic Director and Coach prior to returning to team activities.

**Transportation** - De LaSalle Academy will provide transportation to all sports events. While on the bus all athletes must follow the bus regulations. Parents will be responsible for picking up their child at each game location. Addresses for each game location will be provided on the De LaSalle Academy website in the Quick Links tab under the Parent Resources page.

After the games, an athlete will be released to his/her parent or guardian in person by informing the coach. If an athlete is to go home with another athlete's parent or guardian, that parent or guardian must be listed on the approved parent pick up sheet for that athlete.

Students with a valid driver's license may drive to sporting events if round trip bus transportation is not provided. If round trip bus transportation to and from the sporting event is provided, all athletes must ride the bus.

**Trying Out, Quitting, & Removal** - Any student wishing to try out for a team may do so and quit without consequence during the first two weeks of practice. Any athlete who is removed from a team or voluntarily quits cannot participate in another sport until that team completes its season's schedule.

**Uniforms & Equipment** - Athletes are responsible for all uniforms or equipment loaned to them by the school for practices or athletic contests. Equipment or uniforms that are purposely destroyed or not returned upon request by the coach or administration will be paid for by the parent or guardian at current replacement cost. School records, awards, etc., will be withheld until the debt is settled. Students will not be allowed to participate in another sport or extra-curricular activity until the uniform or equipment problem has been resolved.

**Verification of Insurance** - All athletes must provide proof of insurance before participation in any practice or game.

**Code of Conduct for Interscholastic Student-Athletes** - All athletes and parents must return the De LaSalle Academy Code of Conduct for Interscholastic Student Athletes with a signature before eligibility is granted.

**Activity Fee** - Each student must pay a one-time \$35.00 Activity Fee to participate in any Athletic or Non-Athletic Activity.

*Each Athletic and Non-Athletic Activity will have their own participation fee.* The fee will be notated on the signup sheet for each activity and must be paid in full before the start of the activity.

## **Code of Conduct**

Interscholastic athletics, competition and extracurricular activities should demonstrate high standards of ethics, sportsmanship, promote the development of good character and other important life skills. The highest potential of success is achieved when participants are committed to pursuing victory with honor according to six core principals. This Code applies to all student-athletes and Non-Athletic students involved in interscholastic sports and De LaSalle Academy Clubs understand that, to participate in any De LaSalle Academy program, I must act in accord with the following principles:

### **Trustworthiness, Respect, Fairness, Responsibility, Caring, and Good Citizenship.**

#### **Trustworthiness - be worthy of trust in all I do.**

*Integrity* - live up to high ideals of ethics and sportsmanship, always pursue victory with honor; do what's right even when it's unpopular or personally costly.

*Honesty* - live and compete honorably; don't lie, cheat, steal or engage in any other dishonest or unsportsmanlike conduct.

*Reliability* - fulfill commitments; do what I say I will do; be on time to practices and games and meetings.

*Loyalty* - be loyal to my school and team; put the team or group above personal glory.

#### **Respect - treat all people with respect all the time and require the same of other students.**

*Class* - live and play with class; be a good sport; be gracious in victory and accept defeat with dignity; give fallen opponents help, compliment extraordinary performance, show sincere respect.

*Disrespectful Conduct* - don't engage in disrespectful conduct of any sort including profanity, obscene gestures, offensive remarks, trash-talking, taunting, boastful celebrations, or other actions that demean individuals or the sport/club.

*Respect Officials* - treat contest officials with respect; don't complain or argue with official calls or decisions during or after an athletic event.

#### **Fairness- live up to high standards of fair play; be open-minded; always be willing to listen and learn.**

#### **Responsibility - be accountable for your actions.**

*Importance of Education* - be a student first and commit to getting the best education.

*Role-Modeling* - Remember, participation in sports and/or a club is a privilege, not a right and that each student is expected to represent the school, coach and teammates with honor, always. Consistently exhibit good character and conduct as a positive role model.

*Self-Control* - exercise self-control; don't fight or show excessive displays of anger or frustration; have the strength to overcome the temptation to retaliate.

*Healthy Lifestyle* - safeguard your health; don't use any illegal or unhealthy substances including alcohol, tobacco and drugs.

*Integrity of the Game or club* - protect the integrity of the game or club. Play according to the rules.

#### **Caring - demonstrate concern for others.**

*Concern for others* - never intentionally injure any person or engage in reckless behavior that might cause injury to myself or others.

*Teammates* - help promote the well-being of teammates by positive counseling and encouragement or by reporting any unhealthy or dangerous conduct to coaches.

#### **Citizenship - abides and follows rules.**

*Play by the rules* - maintain a thorough knowledge of and abide by all applicable game and competition rules.

*Spirit of rules* - honor the spirit and the letter of rules; avoid temptations to gain competitive advantage through improper gamesmanship techniques that violate the highest tradition of sportsmanship.

***Please detach and return the signed COMMITMENT/PERMISSION form along with the \$35.00 Activity Fee to De LaSalle Academy. (See next page)***

**ATHLETIC and NON-ATHLETIC ACTIVITY  
COMMITMENT / PERMISSION FORM**

*Please detach and return this signed form along with the  
\$35.00 Activity Fee to De LaSalle Academy.*

I have read and understand the requirements of this Athletic / Non-Athletic Code of Conduct. I understand that I am expected to perform according to this code and I understand that there may be sanctions or penalties if I do not.

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Credit Card Number: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

CVC: \_\_\_\_\_ Address: \_\_\_\_\_

Zip Code: \_\_\_\_\_

OR - *Make checks payable to De LaSalle Academy*