## CHOICE OF MILK DAILY WG- Whole Grain

## DE LASALLE October LUNCH MENU

Gluten free and/or dairy free menu available upon request.

Medical doctor note must be on file to qualify.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Lunch Prices Lunch \$4.50 Milk .80 Cents	2 Chicken Sandwich Sweet Potato Fries Mixed Fruit Italian Ice Salad Bar	3 Chicken+Cheese Burrito Spanish Rice Carrot Sticks Apples Salad Bar	4 Lasagna Fresh Spinach Salad Red + Green Grapes Salad Bar	5 6" Meatball Sub on WG Hoagie Roll Cut Pepper Sticks Orange Slices Salad Bar	6 Pretzel with Cheese Broccoli Salad Bar Fresh Fruit	
	9 Cheeseburger on WG Bun Tater Tots Lettuce/Sliced Tomato Pineapple	10 Build Your Own Hoagie Turkey or Ham Lettuce/Tomato Applesauce Salad Bar	11 Baked Chicken Mashed Potato Corn Peaches Salad Bar	12 Corn Dogs Baked Beans Carrot/Celery Sticks Pineapple Salad Bar	13 Bosco Sticks w/ Marinara Sauce Mixed Veggies Fresh Fruit Salad Bar	
	16 Inservice No Students	17 Taco Tuesday Shredded Lettuce/Diced Tomato/Black Beans Applesauce/Salsa Salad Bar	18 WG Spaghetti w/Meat Sauce Pears/Breadstick Peaches Salad Bar	19 Chicken Nuggets Tater Tots Carrot Sticks Red + Green Grapes Salad Bar	20 Bosco Sticks w/ Marinara Sauce Mixed Veggies Fresh Fruit Salad Bar	
	23 Chicken Sandwich Sweet Potato Fries Mixed Fruit Italian Ice Salad Bar	24 Chicken+Cheese Burrito Spanish Rice Carrot Sticks Apples Salad Bar	25 Lasagna Fresh Spinach Salad Red + Green Grapes Salad Bar	26 Early Dismissal Brunch	27 Early Dismissal Brunch	
	30 Cheeseburger on WG Bun Tater Tots Lettuce/Sliced Tomato Pineapple	31 Build Your Own Hoagie Turkey or Ham Lettuce/Tomato Applesauce Salad Bar				

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