Gluten free and/or dairy free menu available upon request.

Medical doctor note must be on file to qualify.

DE LASALLE

October

LUNCH MENU

CHOICE OF MILK DAILY

WG- Whole Grain

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| **Lunch Prices**  **Lunch $4.50**  **Milk .80 Cents** | 3  No School –  Rosh Hashanah | 4  Meat Taco  Black Beans  Salsa, Corn  Orange  Salad Bar | 5  Chicken Teriyaki  Rice, Carrots  Whole Grain Goldfish  Mandarin Orange  Salad Bar | 6  BBQ Pork on WG Bun  Carrots  Green Beans  Peaches  Salad Bar | 7  Pizza  Applesauce  Salad Bar  Italian Ice |  |
|  | 10  Chicken Patty WG Bun  Sweet Potato Fries  Applesauce  Salad Bar | 11  Chicken Nuggets  Tater Tots  Pineapple  Salad Bar | 12  Whole Grain Pasta  Meat Sauce  Broccoli  Apple  Salad Bar | 13  Corn Dog  Baked Beans  Orange  Salad Bar | 14  BBQ Chick Quesadilla  Mixed Veggies  Pineapple  Whole Grain Goldfish  Salad Bar |  |
|  | 17  No School –  Duty Day | 18  Meat Taco  Black Beans  Salsa, Corn  Orange  Salad Bar | 19  Chicken Teriyaki  Rice, Carrots  Whole Grain Goldfish  Mandarin Orange  Salad Bar | 20  BBQ Pork on WG Bun  Carrots  Green Beans  Peaches  Salad Bar | 21  Pizza  Applesauce  Salad Bar  Italian Ice |  |
|  | 24  Chicken Patty WG Bun  Sweet Potato Fries  Applesauce  Salad Bar | 25  Chicken Nuggets  Tater Tots  Pineapple  Salad Bar | 26  Whole Grain Pasta  Meat Sauce  Broccoli  Apple  Salad Bar | 27  Brunch –  Early Dismissal  Conferences | 28  Brunch –  Early Dismissal  Conferences |  |
|  | 31  Hamburger on WG Bun  Sweet Potato Fries  Applesauce  Salad Bar |  |  |  |  |  |

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