Gluten free and/or dairy free menu available upon request.

Medical doctor note must be on file to qualify.

DE LASALLE

October

LUNCH MENU

CHOICE OF MILK DAILY

WG- Whole Grain

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| **Lunch Prices****Lunch $4.50****Milk .80 Cents** | 3No School – Rosh Hashanah | 4Meat TacoBlack BeansSalsa, CornOrangeSalad Bar | 5Chicken TeriyakiRice, CarrotsWhole Grain GoldfishMandarin OrangeSalad Bar | 6BBQ Pork on WG BunCarrotsGreen BeansPeachesSalad Bar | 7PizzaApplesauceSalad BarItalian Ice |  |
|  | 10Chicken Patty WG BunSweet Potato FriesApplesauceSalad Bar | 11Chicken NuggetsTater TotsPineappleSalad Bar | 12Whole Grain PastaMeat SauceBroccoliAppleSalad Bar  | 13Corn DogBaked BeansOrangeSalad Bar | 14BBQ Chick QuesadillaMixed VeggiesPineappleWhole Grain GoldfishSalad Bar |  |
|  | 17No School – Duty Day | 18Meat TacoBlack BeansSalsa, CornOrangeSalad Bar | 19Chicken TeriyakiRice, CarrotsWhole Grain GoldfishMandarin OrangeSalad Bar | 20BBQ Pork on WG BunCarrotsGreen BeansPeachesSalad Bar | 21PizzaApplesauceSalad BarItalian Ice |  |
|  | 24Chicken Patty WG BunSweet Potato FriesApplesauceSalad Bar | 25Chicken NuggetsTater TotsPineappleSalad Bar | 26Whole Grain PastaMeat SauceBroccoliAppleSalad Bar | 27Brunch – Early DismissalConferences  | 28Brunch – Early DismissalConferences  |  |
|  | 31Hamburger on WG BunSweet Potato FriesApplesauceSalad Bar |  |  |  |  |  |

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