

CHOICE OF MILK DAILY  
WG- Whole Grain

# DE LASALLE October LUNCH MENU

Gluten free and/or dairy free menu available  
upon request.  
Medical doctor note must be on file to qualify.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Lunch Prices</b> <b>Lunch \$4.25</b> <b>Milk .80 Cents</b>				1 Egg Roll Stir Fry Veggies with Rice Pineapple Salad Bar	2 WG Chicken Quesadilla Broccoli Applesauce Salad Bar	
	5 Chicken Teriyaki Brown Rice Mixed Vegetables Pineapple, WG Roll Salad Bar	6 Hamburger on WG Bun Sweet Potato Waffle Fries Peaches Salad Bar	7 BBQ Pork on WG Bun Baked Beans Mixed Fruit Salad Bar	8 Cheese or Bean Burrito Corn WG Spanish Rice Fresh Fruit Salad Bar	9 Pepperoni Pizza Collard Greens Orange Wedges Salad Bar	
	12 All Beef Sliders Sweet Potato Fries Pineapple WG Graham Salad Bar	13 Chicken Tenders Potato Wedges WG Goldfish Orange Salad Bar	14 Honey Siracha Chicken Brown Rice Chopstick Veggies Peach, Salad Bar	15 Turkey Corn Dog Baked Beans Banana Salad Bar	16 Tuscan Lasagna Breadstick Green Beans Mixed Fruit Salad Bar	
	19  Lunch to be determined	20 Chicken Pesto Flatbread California Blend Veggies Pear Fruit Cup SideKick Fruit Cup Salad Bar	21 Spaghetti with Meat Garlic Bread Broccoli and Cheese Apple Salad Bar	22 BBQ Pork on WG Bun Baked Beans Mixed Fruit Salad Bar	23 Buffalo Crunchers Green Beans Mixed Fruit Applesauce Salad Bar	
	26  No School	27 Chicken Teriyaki Brown Rice Chopstick Veggies Mandarin Oranges WG Graham, Salad Bar	28 Buffalo Popcorn Chicken Waffle Sweet Potatoes WG Goldfish Apple, Salad Bar	29 Gordita Salsa Black Beans Banana Salad Bar	30 Mini Cheese Pizza Pockets Marinara Sauce Brokkoli Pineapple, Salad Bar	

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