Gluten free and/or dairy free menu available upon request.

Medical doctor note must be on file to qualify.

DE LASALLE

October

LUNCH MENU

CHOICE OF MILK DAILY

WG- Whole Grain

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| **Lunch Prices****Lunch $4.25****Milk .80 Cents** |  |  |  | 1Egg RollStir Fry Veggies with RicePineappleSalad Bar | 2WG Chicken QuesadillaBroccoliApplesauceSalad Bar |  |
|  | 5Chicken TeriyakiBrown RiceMixed VegetablesPineapple, WG RollSalad Bar | 6Hamburger on WG BunSweet Potato Waffle FriesPeachesSalad Bar | 7BBQ Pork on WG BunBaked BeansMixed FruitSalad Bar | 8Cheese or Bean BurritoCornWG Spanish RiceFresh FruitSalad Bar | 9Pepperoni PizzaCollard GreensOrange WedgesSalad Bar |  |
|  | 12All Beef SlidersSweet Potato FriesPineappleWG GrahamsSalad Bar | 13Chicken TendersPotato WedgesWG GoldfishOrangeSalad Bar | 14Honey Siracha ChickenBrown RiceChopstick VeggiesPeach, Salad Bar | 15Turkey Corn DogBaked BeansBananaSalad Bar | 16Tuscan LasagnaBreadstickGreen BeansMixed FruitSalad Bar |  |
|  | 19Lunch to be determined | 20Chicken Pesto FlatbreadCalifornia Blend VeggiesPear Fruit CupSideKick Fruit CupSalad Bar | 21Spaghetti with MeatGarlic BreadBroccoli and CheeseAppleSalad Bar | 22BBQ Pork on WG BunBaked BeansMixed FruitSalad Bar | 23Buffalo CrunchersGreen BeansMixed FruitApplesauceSalad Bar |  |
|  | 26No School | 27Chicken TeriyakiBrown RiceChopstick VeggiesMandarin OrangesWG Graham, Salad Bar | 28Buffalo Popcorn ChickenWaffle Sweet PotatoesWG GoldfishApple, Salad Bar | 29GorditaSalsaBlack BeansBananaSalad Bar | 30Mini Cheese Pizza PocketsMarinara SauceBrokkoliPineapple, Salad Bar |  |

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