Gluten free and/or dairy free menu available upon request.

Medical doctor note must be on file to qualify.

DE LASALLE

October

LUNCH MENU

CHOICE OF MILK DAILY

WG- Whole Grain

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| **Lunch Prices**  **Lunch $4.25**  **Milk .80 Cents** |  |  |  | 1  Egg Roll  Stir Fry Veggies with Rice  Pineapple  Salad Bar | 2  WG Chicken Quesadilla  Broccoli  Applesauce  Salad Bar |  |
|  | 5  Chicken Teriyaki  Brown Rice  Mixed Vegetables  Pineapple, WG Roll  Salad Bar | 6  Hamburger on WG Bun  Sweet Potato Waffle Fries  Peaches  Salad Bar | 7  BBQ Pork on WG Bun  Baked Beans Mixed Fruit  Salad Bar | 8  Cheese or Bean Burrito  Corn  WG Spanish Rice  Fresh Fruit  Salad Bar | 9  Pepperoni Pizza  Collard Greens  Orange Wedges  Salad Bar |  |
|  | 12  All Beef Sliders  Sweet Potato Fries  Pineapple  WG Grahams  Salad Bar | 13  Chicken Tenders  Potato Wedges  WG Goldfish  Orange  Salad Bar | 14  Honey Siracha Chicken  Brown Rice  Chopstick Veggies  Peach, Salad Bar | 15  Turkey Corn Dog  Baked Beans  Banana  Salad Bar | 16  Tuscan Lasagna  Breadstick  Green Beans  Mixed Fruit  Salad Bar |  |
|  | 19  Lunch to be determined | 20  Chicken Pesto Flatbread  California Blend Veggies  Pear Fruit Cup  SideKick Fruit Cup  Salad Bar | 21  Spaghetti with Meat  Garlic Bread  Broccoli and Cheese  Apple  Salad Bar | 22  BBQ Pork on WG Bun  Baked Beans Mixed Fruit  Salad Bar | 23  Buffalo Crunchers  Green Beans  Mixed Fruit  Applesauce  Salad Bar |  |
|  | 26  No School | 27  Chicken Teriyaki  Brown Rice  Chopstick Veggies  Mandarin Oranges  WG Graham, Salad Bar | 28  Buffalo Popcorn Chicken  Waffle Sweet Potatoes  WG Goldfish  Apple, Salad Bar | 29  Gordita  Salsa  Black Beans  Banana  Salad Bar | 30  Mini Cheese Pizza Pockets  Marinara Sauce  Brokkoli  Pineapple, Salad Bar |  |

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