**FOODS FROM REGIONS OF THE U.S.**

**When**: Friday, June 5th

**Where**: Mrs. Schroeder’s room

**What**:

Each student will research an area special to their family and bring in a food that is popular in the region or city. It may be where a parent or grandparent is from, or where the student is born, but it must be from inside the U.S.

Students should include a card to accompany the dish that tells what it is, where the dish is from, and lists ingredients (especially if there is any dairy or nuts included in the recipe). A fun piece of trivia may also be included.

For example, Mrs. Schroeder is from St. Louis, MO. A regional favorite is toasted ravioli. I would bring in the dish and a card that looks like this:

**Toasted Ravioli**

**From: St. Louis, MO**

**Ingredients: Beef, pasta, tomato sauce, parmesan cheese\***

**Was invented when the chef at Angelo’s Pasta House accidentally dropped a ravioli in boiling oil instead of water.**

This is a great time to interview parents about where they’re from and the things they remember eating with their families. Food is one of the many ways that humans connect with one another. Let this be one of those moments!